The Mission of the COPHS Health Education Center is to

- Provide comprehensive, evidence-based health promotion, disease prevention and pharmacotherapy services to the communities and populations served.
- Improve the health status of the community and influence the practice of desired health behaviors.
- Educate pharmacy residents on the principles of Health Promotion and Disease Prevention and provide opportunities for clinical practice.
- Collaborate with members of the healthcare team to optimize patient outcomes.
- Promote the pharmacist-patient partnership by facilitating the self-care process and identify the need for referral to other health care providers when necessary.

Collaborative Experience

This program will have shared longitudinal experiences with Butler Pharmacy Practice Faculty and their affiliated practice sites that include Primary Care, Family Medicine, and anticoagulation clinics.

HEC Clinical Services

- Health Risk Appraisals and Health Risk Reduction strategies
- Medication Therapy Management
- Comprehensive Health Screenings and Assessments:
  - Complete cholesterol testing and monitoring
  - AST/ALT monitoring
  - Diabetes screening and monitoring
  - Hemoglobin A1c Monitoring
  - Bone Mineral Density screening
  - Weight, BMI and Body Composition Measurement
  - Waist to hip ratio measurement
  - Spirometry Testing
Blood Pressure Measurement and monitoring

- Healthy behaviors and health risk reduction strategies
- Individualized evidence based prevention strategies (routine screenings, immunizations)
- Health Coaching- Personalized Action Plan and SMART goal development
- Individualized patient follow-up
- Collaboration with other health care providers
- Health and Self-Care education for Butler University students, faculty and staff
- Influenza immunizations

Residency Activities

- Healthy Horizons- Health and Wellness program for faculty and staff
  - Health Screenings and Health Risk Assessments
  - Lipid, Hypertension, Diabetes and Weight management services
  - Health Promotion and Education programs
- My First Patient Program
  - Health assessments for first professional year pharmacy students and follow-ups for second and third year pharmacy students
- Opportunities for teaching through Therapeutics Case Conference and Self Care Course
- Completion of Purdue/Butler Teaching Certificate Program
- Completion of Residency Research Project

Program Director and Contact Information:
Carrie M. Maffeo, Pharm.D., CDE, BCPS
Associate Professor of Pharmacy Practice
Butler University- College of Pharmacy and Health Sciences
4600 Sunset Avenue
E-Mail: cmaffeo@butler.edu
Tel: (317) 940-9991
Fax: (317) 940-9073